



April 2025

Spring	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
Breakfast <i>2% milk and water are served at breakfast</i>		Cereal/bananas	Raisin Toast/ sausage	Cereal/ fruit	Southwest egg scramble/ ham
AM Snack <i>Water is served</i>		Fruit cocktail	Yogurt/ granola	Berries/ cottage cheese	Pineapple
Lunch <i>2% milk and water are served at lunch</i>		Turkey sandwich/ macaroni salad/ apple slices	Spaghetti Bolognese/ garlic green beans/ ww rolls	Empanadas/ black beans &rice/ fruit	Pizza/corn/ fruit cup
PM Snack <i>Water is served</i>		Bugbites	Hummus/crackers	Crackers/ sunbutter	Granola bar
	7	8	9	10	11
Breakfast <i>2% milk and water are served at breakfast</i>	Grits	Cereal/bananas	Raisin toast/ sausage	Cereal/fruit	French toast sticks
AM Snack <i>Water is served</i>	Peaches	Pears	Mandarin Oranges	String cheese	Pineapple tidbits/ cottage cheese
Lunch <i>2% milk and water are served at lunch</i>	Teriyaki chicken bowls/ radish carrot salad/spring rolls	lemon pepper chicken/ tortellini with spinach/ spring veggies	Chicken enchiladas/ peas and carrots/ yellow rice	Herb crusted tilapia/ mushroom risotto/ rolls	Cheeseburger sliders/ smiley face tots/ apple slices
PM Snack <i>Water is served</i>	Chex mix	goldfish	Chips and salsa	Fruit cup	Cheez it
	14	15	16	17	18
Breakfast <i>2% milk and water are served at breakfast</i>	Cream of wheat/ dried apricots	Cereal/bananas	Raisin toast/ sausage	Cereal/fruit	French toast sticks
AM Snack <i>Water is served</i>	Oranges	Grapefruit	Gogurts	Apple slices/wow butter	Fruit gel
Lunch <i>2% milk and water are served at lunch</i>	Chicken nuggets/sweet potato/ collard greens	Meatloaf/ roasted cabbage and carrot/ rolls	Bang bang chicken/ lemon grains/ steamed broccoli	Tacos/ Mexican veggie salad/oranges	Wow butter jelly croissant/ chicken noodle soup
PM Snack <i>Water is served</i>	Cereal bar	Breadsticks/ hummus	Goldfish crackers	Crackers/ cheese	Chocolate Chip Cookies
	21	22	23	24	25
Breakfast <i>2% milk and water are served at breakfast</i>	Grits/ chicken bites	Cereal/bananas	Avocado toast	Cereal/fruit	Sheet pan pancakes
AM Snack <i>Water is served</i>	Peaches	Pears	Oranges	Yogurt and granola	Fruit cup
Lunch <i>2% milk and water are served at lunch</i>	Chicken nuggets/ sweet potatoes/ collard greens	Tart cherry chicken/ Romanesco and yellow squash/ roll	Roast beef sandwiches/ pepper medley with onions/ cowboy beans	Caribbean salmon bowls/ mango apple salad/ black beans	Brunswick stew/ succotash/ roll
PM Snack <i>Water is served</i>	Graham crackers/ sunbutter	Chex mix	Cinnamon focaccia	Applesauce	Lemon cookie
	28	29	30		
Breakfast <i>2% milk and water are served at breakfast</i>	Oatmeal/ raisin	Cereal/ banana	Whole wheat toast/ chicken sausage		
AM Snack <i>Water is served</i>	Fruit cocktail	Berries/cottage cheese	Vanilla pudding		
Lunch <i>2% milk and water are served at lunch</i>	Turkey meatball/ lemon orzo with spinach/ squash	Chicken rice casserole/ broccoli and Brussel sprouts	Bean and cheese burrito/ roasted peppers/ dirty rice		
PM Snack <i>Water is served</i>	Breadsticks/ marinara	Whole grain muffin	Animal crackers		

Rollins Child Development Center is not free.